

## Our Team of Expert Clinicians Includes:

- Board-certified, fellowship-trained orthopedic surgeons
- Board-certified physicians specializing in rehabilitation medicine (physiatrists)
- Nurses with specialized training in orthopedics and rehabilitation medicine
- Certified occupational and physical therapists
- Case managers to help you plan for your discharge

## Our Services Include:

- Pre-surgery education classes designed to provide you with comprehensive information about your procedure and to answer any questions you may have
- Sophisticated diagnostic imaging services, including MRI, X-Ray, and CT Scan
- A dedicated, fully renovated inpatient orthopedic unit, featuring private rooms and a designated therapy gym.
- Comprehensive pain management services
- Comprehensive rehabilitation services, including:
  - Acute rehabilitation therapy
  - The Transitional Care Unit at SOCH
  - Outpatient physical therapy, with convenient locations in southern Ocean County

For more information about The Center for Joint Health at SOCH, or for a referral to a board-certified orthopedic surgeon, call SOCH **Connect** at (609) 978-3400.

# The Center for Joint Health

## The Center for Joint Health Orthopedic Surgeons:

David Rodricks, MD  
*Medical Director*

John Cristini, MD

Samuel Epstein, DO

W. Francis Kennard, MD

Raymond Weiland, DO

Jason Wong, DO



THE CENTER FOR  
JOINT HEALTH  
**SOCH**  
Southern Ocean County Hospital

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# The Center for Joint Health



The Center for Joint Health at SOCH provides comprehensive integrated services for patients who need knee or hip joint replacement surgery.

Joint replacement is a surgical procedure used to remove and replace an arthritic or damaged joint with an artificial joint called a prosthesis. This surgery is one of the most effective treatment options for chronic and debilitating knee or hip pain that has not responded to other therapies.

At The Center for Joint Health at SOCH, our expert team is dedicated to helping you through every facet of your surgical experience. Our goal is to provide the clinical skill, education and support you need to successfully reduce your joint pain, restore function and improve your quality of life.

## Orthopedic Procedures at The Center for Joint Health Include:

- Total Knee Replacement
- Partial Knee Replacement
- Gender-Specific Knee Replacement
- Total Hip Replacement
- Partial Hip Replacement
- Hip Resurfacing
- Revision of Knee and Hip Replacements

## Your Joint Replacement Surgery

*From Pre-Admission to Follow-Up Care*

### Before Your Surgery

Once your orthopedic surgeon has determined that you are a candidate for joint replacement surgery, your surgery date will be scheduled, as well as pre-admission testing.

Before your procedure, you will also benefit from the chance to attend a specially designed education program for patients about to undergo joint replacement surgery.

### Your Hospital Stay

Following your surgery, you will be admitted to our specialized inpatient orthopedic unit. This unit features private rooms with furniture and restroom facilities designed to accommodate the specific needs of those recovering from joint replacement surgery.

The inpatient orthopedic unit also includes a therapy gym, so that your rehabilitation can begin immediately.



### Managing Your Pain

During your inpatient stay, it is our goal to aid in your recovery while making every effort to make you as comfortable as possible.

Our comprehensive pain management program offers a number of pain control options designed to minimize any pain you may experience following your surgery.

### Following Your Hospital Stay

While you are in the Hospital recovering from your surgery, our case management team will work with you to ensure that you have the appropriate level of care available to you when you are discharged from the Hospital.

Your physician may determine that you need additional rehabilitation before you return home. The Transitional Care Unit at SOCH provides short-term physical and occupational therapy in a beautifully appointed environment.

*Replacement, Recovery, Rejuvenation—  
Right Here at Home*